



## **Players in Motion**

### **LCC football players tackling community service**

The next community service opportunity for the La Costa Canyon football team is here. We are supporting a program called Care Packages From Home. [www.carepackagesfromhome.org](http://www.carepackagesfromhome.org) (Feel free to go on their web site and see what they are all about)

Players are asked to help in two ways. The first is to write a letter to a service man or woman. Address the letter "Dear Hero, Dear Marine or Dear Soldier". The men and women who are fighting for our country miss contact and information from home. It doesn't matter that you don't personally know them. Introduce yourself and tell a little about what you do to have fun. Be sure to put your return address on the envelope so that the soldier can write you back. (no stamp is necessary) The second way to help is to donate items to be shipped out in the care packages. We have been asked to donate fun items. Please bring any of the following: Softballs, Frisbees, board games, checkers, dice, cards, etc.

Feel free to write more than one letter or donate more than one item.

There is no limit on who can participate. It would be great if all 200 players brought something and wrote a letter! Please bring your donations and letters to Coach Sovacool's office no later than Wednesday, July 20, 2011. There will be a plastic tote for donations and a large yellow envelope for letters. Write your name on the envelope so we know who to give participation certificates to.

Once you write your letter and donate your item (items), you will be given a certificate of community service for 2 hours. This is for your time to write the letter and go out and purchase your new items that you want to donate.

Hunter Christensen, Trevor Dunn and Nick Vreeburg  
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