

July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Summer Camp #8	2	3
4	5 DAY OFF!!!	6 Summer Camp #9 Passing vs SM 3 PM	7 Summer Camp #10	8 Summer Camp #11	9	10
11	12 Summer Camp Youth Football Camp 5:30-7:30	13 Summer Camp Passing vs ESC 3 PM	14 Summer Camp Youth Football Camp 5:30 - 7:30	15 Summer Camp	16	17
18	19 Summer Camp Varsity & JV Equipment Handout 3:30	20 Summer Camp Frosh Eqip 9:00 Passing vs MH 3:30 PM Var/JV	21 Summer Camp #18	22 Summer Camp Ends #19	23	24
25	26 DEAD WEEK	27 DEAD WEEK	28 DEAD WEEK	29 DEAD WEEK	30 DEAD WEEK	31

2010

Varsity and JV Equipment handout Mon 7/19 at 3:30 PM
Frosh Equipment handout Tues 7/20 at 9:00 AM! All fundraising must be complete in order to get your equipment.

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 DEAD WEEK	3 DEAD WEEK	4 DEAD WEEK	5 DEAD WEEK	6 DEAD WEEK	7
8	9 7:30-11 PR #1 4:30-8 PR #2	10 8-9 JV-VAR LIFT 4:30-8 PR #3	11 7:30-11 PR #4 4:30-8 PR #5	12 8-9 JV-VAR LIFT 4:30-8 PR #6	13 7:30-11 PR #7 4:30-8 PR #8	14 7:30-11 PR #9 11-12 Jv-Var Lift 4:30-8 PR #10
15	16 7:30-11 PR #11 4:30-8 PR #12	17 8-9 JV-VAR LIFT 4:30-8 PR #13	18 7:30-11 PR #14 4:30-8 PR #15	19 8-9 JV-VAR LIFT 4:30-8 PR #16	20 7:30-11 PR #17 4:30-8 PR #18	21 Scrimmages 3-5 PM F-JV 5 -7PM Varsity Mothers Game
22	23 3:30-JV-VAR Lift 4:30-8 PR #19	24 3:30-JV-VAR Lift 4:30-8 PR #20	25 3:30-JV-VAR Lift 4:30-8 PR #21	26 3:30-JV-VAR Lift 4:30-8 PR #22	27 Scrimmage @Vista	28 
29	30 3 pm Practice	31 First Day of School Welcome Back!!! 3 pm Practice				

Regular after school practice begins at 3 pm and ends at 6 pm.

2010



September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Varsity Schedule listed Game times are 7 pm unless noted.			1 3 pm Practice	2 3 pm Practice	3 @ Chula Vista	4 
5	LABOR DAY- 6 Mandatory Practice all levels 3:30-JV-VAR Lift 4:30-8 Practice	7 3 pm Practice	8 3 pm Practice	9 3 pm Practice	10 @ Poway	11 
12 3 pm Practice	13 3 pm Practice	14 3 pm Practice	15 3 pm Practice	16 3 pm Practice	17 Home San Clemente	18 
19 3 pm Practice	20 3 pm Practice	21 3 pm Practice	22 3 pm Practice	23 3 pm Practice	24 Home Redlands Pop Warner Night	25 
26 3 pm Practice	27 3 pm Practice	28 3 pm Practice	29 3 pm Practice	30 3 pm Practice		
						

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October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Be <u>WHERE</u> you're supposed to be, <u>WHEN</u> you're supposed to be there and do <u>WHAT</u> you're supposed to do!!!					1 @ Fallbrook	2 
3 3 pm Practice	4 3 pm Practice	5 3 pm Practice	6 3 pm Practice	7 3 pm Practice	8 Picture Day	9
10 3 pm Practice	11 3 pm Practice	12 3 pm Practice	13 3 pm Practice	14 3 pm Practice	15 Home Carlsbad	16 
17 3 pm Practice	18 3 pm Practice	19 3 pm Practice	20 3 pm Practice	21 3 pm Practice	22 @ RBV	23 
24 3 pm Practice	25 3 pm Practice	26 3 pm Practice	27 3 pm Practice	28 3 pm Practice	29 Home Oceanside	30 
31						



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November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 3 pm Practice	2 3 pm Practice	3 3 pm Practice	4 3 pm Practice	5 Home El Camino Senior Night	6 
7	8 3 pm Practice	9 3 pm Practice	10 3 pm Practice	11 No School 8 am Run Through	12 @ Torrey Pines	13 
14	15	16	17	18	19 1 st round CIF Playoffs	20
21	22 Thanksgiving Recess	23 Thanksgiving Recess	24 Thanksgiving Recess	25 Thanksgiving Recess	26 CIF Quarterfinals	27
28	29	30				
						

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December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 CIF Semifinals	4
5	6	7	8	9	10 CIF Championship	11 
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
						

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